



YENEPOYA

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956
Accredited by NAAC with 'A+' Grade

EVENT REPORT

1	Title of the event	Visitation to Snehalaya – Psycho social rehabilitation centre on account of World Mental Health Day -2025
2	Date of the event	08/10/2025
3	Organizing department / centre / college	Department of Kayachikitsa/Yenepoya Ayurveda Medical College & Hospital, Naringana
4	Organizing committee members	Dr. Zenica D'Souza, HOD & Professor, Department of Kayachikitsa Dr. Ajay Bhat U, Associate Professor, Department of Kayachikitsa Dr. Shilpa K, Assistant Professor, Department of Kayachikitsa Dr. Saritha A K, Assistant Professor, Department of Kayachikitsa
5	Name / s of the resource person, designation and affiliation	Clint Joseph, HOD, Clinical Department, Snehalaya
6	Event schedule (<i>enclose brochure if available</i>)	Annexure 1
7	Brief report of the event: Brief report of the event (<i>Please describe the objectives of the event and benefit (impact) to students, teachers, patients, or society</i>)	Department of Kayachikitsa, Yenepoya Ayurveda Medical College and Hospital organized a visitation to Snehalaya Psycho- Social Rehabilitation centre at Kunjathur, Manjeshwar, on account of World Mental Health Day on 8/10/2025. The team comprised of Staff from the Department of Kayachikitsa and students of 4 th year BAMS of Yenepoya Ayurveda Medical College and Hospital. The main objective of the event was psychiatric clinical exposure to the students. Time of visitation was 10.30 AM to 1 PM. The visitation began with the orientation video session regarding establishment and development of Snehalaya by Bro. Joseph Crasta, Founder and Managing Trustee of Snehalaya Charitable Trust. Students were motivated by his committed service and sacrifice towards the destitute. Later, Mr. Clint Joseph took a session on



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the theme of World Mental Health Day 2025- 'Access to service: Mental Health in Catastrophes and emergencies. It was then followed by visitation to wards and interaction with the inmates of Snehalaya. Students came across with various psychiatric ailments and their treatment modalities. Students later involved themselves in various activities like singing, etc along with the inmates in their activity hall. Overall, the students had a great learning experience at Snehalaya.

8 Which Sustainable Development Goals (UN-SDGs) are aligned to this event? SDG-3,4

9 Outcome of the event:
The students gained valuable clinical exposure to various psychiatric ailments and their management. They actively engaged in interactions with the inmates of Snehalaya, enhancing their understanding of mental health conditions and patient care. The visit also helped them become familiar with the organization of psychiatric wards based on ICD classifications. They were also deeply inspired by Mr. Joseph Crasta's compassion and dedication in establishing a psychosocial rehabilitation centre for individuals in need.

10	Number of beneficiaries (Attach copy of the attendance sheet)	Students	83
		Teachers	3
		Others (specify)	-

11 Attach geotagged photographs of the event with appropriate captions (Max Two).



Fig 1: Student interaction with the inmates of Snehalaya



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Fig 2: Group photo with Snehalaya Staff

12 Seal and signature of the organizer

Professor & H.O.D.
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